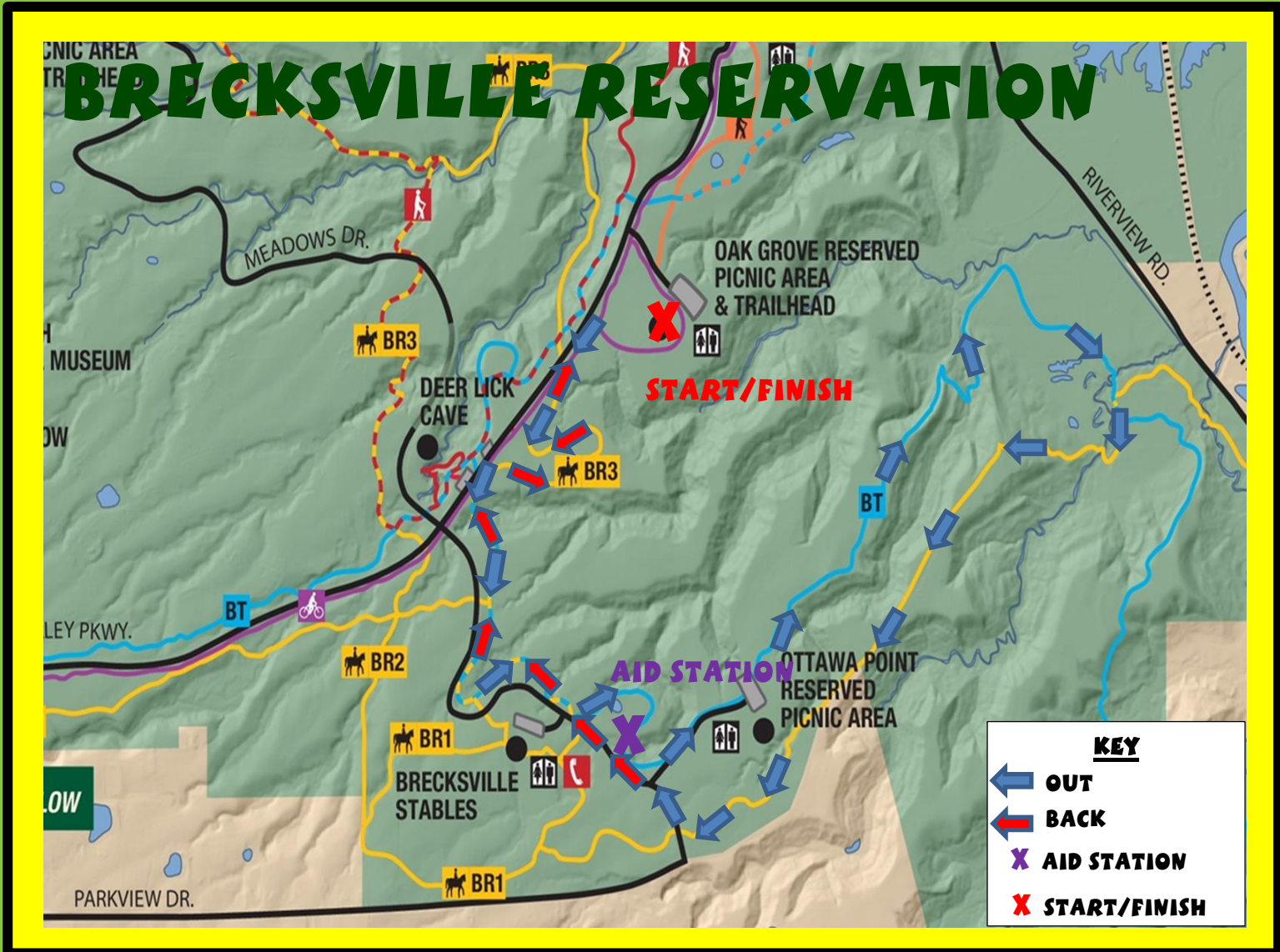




western reserve
R A C I N G

DOWN AND DIRTY



COURSE DESCRIPTION

Oak Grove Picnic Area - Valley Parkway, Brecksville, OH 44141

Starting in front of the Oak Grove shelter the Down and Dirty course begins on the All Purpose Trail before hitting the Bridle Trail. Connecting with the Buckeye Trail a short time later you'll go South past the Brecksville Stables before entering single-track trail and heading down a driveway to Ottawa Point. Then the fun begins with a nice half mile of moderate downhill. You'll follow the BT over to abandoned Parkview Dr. But what goes down must go up! You'll run along Parkview - and hit an aid station along the way - to a bridle trail that's short but Dirty (muddy, actually). You'll pop out of the trail near Meadows Dr., run back over to the Ottawa Point Picnic Area entrance and retrace your steps back to Oak Grove and the Finish Line.

