



2020 BURNING RIVER RELAY ADDENDUM



Welcome

Welcome and thank you for participating in the Fourteenth Annual Burning River 100-Mile, 50-Mile Endurance Runs and Relay!

This guide is a supplement only and contains additional information for the 4 and 8 Person Relay race. There is now one master information guide for all distances, including the Relay, which can be found on the Burning River page of our website. Updates may be made periodically and we suggest checking our web site often. Participants will be emailed when this information is updated – please make sure emails from westernreserveracing.com and runsignup.com are not going to your spam folder.

After you have completed reading the 2020 Info Guide along with this document, if you have additional questions, the following options are available to you:

- Our web site contains the most current information (www.westernreserveracing.com)
- Check out the Burning River 100 Facebook event - <https://www.facebook.com/events/2373500309532532>
- Email us at Info@westernreserveracing.com

Timing

- ✓ Outgoing relay runners should not go near the aid stations/timing points while waiting for their incoming runner. If the outgoing runner is picked up on the timing antenna, we will record the outgoing relay runner as the person finishing the segment instead of the incoming runner. The incoming runner will NOT have a posted time. Once your incoming runner passes by the antenna, you can greet them and start your leg.

Drop Bags

- ✓ There is no drop bag service for the relay
- ✓ We recommend using a leap frog approach with the items you'd like to have after your leg. Have the 2nd leg Runner bring the 1st leg runner's post-race bag and on down the line.
- ✓ You'll want to arrange getting post-race bags to each other ahead of time. Packet Pickup would be the perfect opportunity.

Pacers

- ✓ Pacers are not permitted for Relay runners.
- ✓ Relay teams wishing to cross the finish line together are welcome to park at the finish line and meet their final runner at mile 99. You must walk/hike the course back 1 mile from the finish to meet them. Please have team members remove bibs – only final leg runner should wear their bib across finish.



2020 BURNING RIVER RELAY ADDENDUM



Relay Exchange Instructions

- ✓ Relay runners do not need to declare which legs they are running. You are free to decide which legs each registered team member runs.
- ✓ Relay runners are asked to wear a back bib to be easily identified by solo runners.
- ✓ Relay runners should announce "Relay" when passing out of courtesy to solo runners.
- ✓ Exchanges at aid stations are on the honor system. There will be no formal exchange area. Once the incoming runner has entered the aid station, the outgoing runner is free to start the next leg.
- ✓ Relay runners must not drop between exchange points.
- ✓ If a relay participant cannot complete their segment due to injury, the next person can start at the last aid station completed that allows crew access. If this is not an exchange area, the results will show that the second runner completed both segments. You cannot start mid-course or at aid stations that do not permit access.
- ✓ If for some reason a relay runner cannot make it to the next designated relay exchange point due to injury or aid station time cut off, later runners may still complete their legs and receive their medals. Team results will not be posted. Please notify timing crew if your team is unable to complete all legs.
- ✓ 4 person team members can run consecutive sections or choose to alternate legs. **Example:** Runner#1 on a 4 person team may choose to run legs 1 and 5, Runner#2 may choose legs 2 and 3, Runner#3 may choose legs 4 and 6 and let Runner#4 run legs 7 and 8.
- ✓ Relay participants are asked to only eat and drink from aid station supplies during their leg of the race. This is an area of emphasis this year based on previous year aid station feedback.
- ✓ **Due to limited parking, relay team vehicles will only have parking available at the start line in Cuyahoga Falls and the 50 mile aid station at Silver Springs. Relay teams may take the shuttle bus to all other relay exchange areas along the course or choose to be dropped off at their desired location by a friend, Uber, or team driver.**
- ✓ **IMPORTANT– Relay runners are not considered spectators and are only permitted at Relay Exchange Aid Stations, NOT Crew Access areas. Relay teams will be disqualified for violating this rule.**
- ✓ A tentative shuttle bus schedule is located below. Only a relay race bib is required to access the bus and you may hop on and off as desired.
- ✓ Relay runners parking vehicles at any aid stations other than the start/finish and Silver Springs subject their team to disqualification.
- ✓ Relay teams wishing to cross the finish line together are welcome to park at the finish line and meet their final runner at mile 99. You must walk/hike the course back 1 mile from the finish to meet them. Please have team members remove bibs – **only final leg runner should wear their bib across finish.**
- ✓ Outgoing relay runners should not go near the aid stations/timing points while waiting for their incoming runner. If the outgoing runner is picked up on the timing antenna, we will record the outgoing relay runner as the person finishing the segment instead of the incoming runner. The incoming runner will NOT have a posted time. Once your incoming runner passes by the timing antenna, you can greet them and start your leg.



2020 BURNING RIVER RELAY ADDENDUM



Parking & Transportation

Parking at Relay Exchange Points and Aid Stations

- ✓ Due to limited parking, relay team vehicles will only have parking available at the start line in Cuyahoga Falls and the 50 mile aid station at Silver Springs. Relay teams may take the shuttle bus to all other areas along the course or choose to be dropped off at their desired location by a friend, Uber, or team driver.
- ✓ A tentative shuttle bus schedule is located below. Only a relay race bib is required to access the bus and you may hop on and off as desired. Park at either end of the course (HiHo or Silver Springs) and take the bus to your desired location.
- ✓ Relay runners parking vehicles at any aid stations other than the start/finish and Silver Springs subject their team to disqualification.
- ✓ Please take a look at the **tentative** schedule below and provide any feedback you may have to info@westernreserveracing.com

BURNING RIVER RELAY BUS SCHEDULE										*Tentative Times (to the best of their ability)				*Valley Picnic will depart when boarded			
		(20 MIN)		(30 MIN)		(10 MIN)		(20 MIN)		(20 MIN)		(10 MIN)		(20 MIN)		(20 MIN)	
BUS	HIHO	NORTH HAWKINS		VALLEY PICNIC		KENDALL LAKE		SILVER SPRING		KENDALL LAKE		VALLEY PICNIC		NORTH HAWKINS		HIHO	
#	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	DEPART	ARRIVE	
OUT -> To Silver Springs										BACK -> To HiHo							
1	7:00: AM	7:30: AM	8:20: AM	---	---	---	---	---	---	---	---	---	---	---	---	8:50: AM	
2	7:30: AM	8:00: AM	9:20: AM	---	---	---	---	---	---	---	---	---	---	---	---	9:50: AM	
1	9:00: AM	---	---	9:30: AM	9:40: AM	9:50: AM	10:00: AM	10:20: AM	10:30: AM	10:50: AM	11:00: AM	11:10: AM	11:20: AM	---	---	11:50: AM	
2	10:00: AM	---	---	10:30: AM	10:40: AM	10:50: AM	11:00: AM	11:20: AM	11:30: AM	11:50: AM	12:00: PM	12:10: PM	12:20: PM	---	---	12:50: PM	
3	11:00: AM	---	---	11:30: AM	11:40: AM	11:50: AM	12:00: AM	12:20: PM	12:30: PM	12:50: AM	1:00: PM	1:10: PM	1:20: PM	---	---	1:50: PM	
1	12:00: PM	---	---	12:30: PM	12:40: PM	12:50: PM	1:00: PM	1:20: PM	1:30: PM	1:50: PM	2:00: PM	2:10: PM	2:20: PM	---	---	2:50: PM	
2	1:00: PM	---	---	1:30: PM	1:40: PM	1:50: PM	2:00: PM	2:20: PM	2:30: PM	2:50: PM	3:00: PM	3:10: PM	3:30: PM	---	---	4:00: PM	
3	2:00: PM	---	---	2:30: PM	2:40: PM	2:50: PM	3:00: PM	3:20: PM	3:30: PM	3:50: PM	4:00: PM	4:10: PM	4:20: PM	4:40: PM	4:50: PM	5:10: PM	
1	3:00: PM	---	---	3:30: PM	3:40: PM	3:50: PM	4:00: PM	4:20: PM	4:30: PM	4:50: PM	5:00: PM	5:10: PM	5:20: PM	5:40: PM	5:50: PM	6:10: PM	
2	4:15: PM	---	---	4:45: PM	4:55: PM	5:05: PM	5:15: PM	5:35: PM	5:45: PM	6:05: PM	6:15: PM	6:25: PM	6:35: PM	6:55: PM	7:05: PM	7:25: PM	
3	5:30: PM	5:50: PM	6:00: PM	6:30: PM	6:40: PM	6:50: PM	7:00: PM	7:20: PM	7:30: PM	7:50: PM	8:00: PM	8:10: PM	8:20: PM	8:40: PM	8:50: PM	9:10: PM	
1	6:30: PM	6:50: PM	7:00: PM	7:30: PM	7:40: PM	7:50: PM	8:00: PM	8:20: PM	8:30: PM	8:50: PM	9:00: PM	9:10: PM	9:20: PM	9:40: PM	9:50: PM	10:10: PM	
2	7:45: PM	8:05: PM	8:15: PM	8:45: PM	8:55: PM	9:05: PM	9:15: PM	9:35: PM	9:45: PM	10:05: PM	10:15: PM	10:25: PM	10:35: PM	10:55: PM	11:05: PM	11:25: PM	
3	9:30: PM	9:50: PM	10:10: PM	10:40: PM	10:50: PM	11:00: PM	11:10: PM	--	--	--	--	11:20: PM	11:30: PM	11:50: PM	12:00: AM	12:20: AM	
1	10:30: PM	10:50: PM	11:00: PM	11:30: PM	11:40: PM	--	--	--	--	--	--	--	--	--	--	12:20: AM	
2	11:45: PM	12:05: AM	12:10: AM	12:40: AM	12:50: AM	--	--	--	--	--	--	--	--	--	--	1:20: AM	
3	12:45: AM	1:05: AM	1:15: AM	1:45: AM	1:55: AM	--	--	--	--	--	--	--	--	--	--	2:25: AM	
2	1:45: AM	2:05: AM	2:15: AM	2:45: AM	2:55: AM	--	--	--	--	--	--	--	--	--	--	3:25: AM	
3	2:45: AM	3:05: AM	3:15: AM	--	--	--	--	--	--	--	--	--	--	--	--	3:35: AM	
3	3:45: AM	4:05: AM	4:15: AM	--	--	--	--	--	--	--	--	--	--	--	--	4:35: AM	
3	4:45: AM	5:05: AM	5:15: AM	--	--	--	--	--	--	--	--	--	--	--	--	5:35: AM	
3	5:45: AM	6:05: AM	6:15: AM	--	--	--	--	--	--	--	--	--	--	--	--	6:35: AM	
3	6:45: AM	7:05: AM	7:15: AM	--	--	--	--	--	--	--	--	--	--	--	--	7:35: AM	