2025 FALL RUNNING SERIES PARTICIPANT GUIDE

WEEK 2: CAMP MANATOC

10/3/25

Welcome to the Fall Running Series

Western Reserve Racing is a small business that employs local runners and outdoor enthusiasts. We are 100% committed to providing you with a top-notch race experience from registration to the finish line. We look forward to seeing you on race day!







RACE DATE



Tuesday, October 7, 2025

RACE LOCATION/PARKING



Camp Manatoc 1075 Truxell Rd Peninsula, OH 44264

2025 FALL RUNNING SERIES **DECIDE IN A FLASH – WIN IN A DASH**

Bib Pickup	Start Time	Cutoff Time
5:00-6:15 PM	6:15 PM	7:50 PM

- Series participants will turn in their bibs at the end of the race to be re-used for the remainder of the series
- Series swag will be distributed at weeks 3 & 4
- Finisher medals and awards will be distributed at week 5

RACE DAY INFORMATION

Start Time

Race sart time is 6:15 PM. If you are a few minutes late, we can accommodate you. The race will have a chip start.

Headlamps

Sunset is at 6:58 PM. You may need a headlamp – keep in mind it gets dark earlier in the woods.

Cutoff Time

Participants must must finish the race by 7:50 PM (21 min/mi pace). Anyone not on pace to finish by this time accepts the responsibility to know the course and complete it without any support.

How to Wear Your Bib

Please wear your bib in front, visible, and horizontal to assure we get a good chip read for you. Keep away from metal (zippers) and electronics (gps watches and smartphones).

Restrooms

Restrooms are located at the pool, near the start/finish.

ADDITIONAL INFORMATION

Spectators

There is plenty of room for spectators at the start/finish area – invite your friends and family.

Volunteers

Spectators are welcome to join us as volunteers and earn credits!



Charity Partner

Donations support the Conservancy for Cuyahoga Valley National Park.

COURSE INFORMATION

Theme

The 2025 Fall Running Series theme is **Decide in a** Flash – Win in a Dash.

Course

The course will be between 4.85 and 5 miles depending on how well you do at the checkpoint, which will be at mile 4.5. This week's "Decide in a Flash" game is **Are you ODD?**

Course Markings

- All course marking materials are Western Reserve Racing branded.
- These include ground flags, coroplast signs, and streamer tape.
- A course marker will be found about every 0.1 mile. After turns, there will be a sequence of 3-4 ground flags and/or streamers in the trees as confidence markers.
- Watch for slippery surfaces such as wooden steps and bridges.

AID STATIONS

Fluid Station

There will be a water stop at mile 3.5. Participants are also encouraged to carry water.

Finish Line

Water and a variety of sweet and salty snacks will be served at the finish line.

EMERGENCY INFORMATION

In case of emergency call 9-1-1

For non-emergency, call us at

(330) 234-9360







