2025 BIGFOOT **PARTICIPANT GUIDE**

Welcome to Bigfoot part of the Ohio Endurance Series

Western Reserve Racing is a small business that employs local runners and outdoor enthusiasts. We are 100% committed to providing you with a top-notch race experience from registration to the finish line. We look forward to seeing you on race day!









REV 1 12/1/25





RACE DATE

Saturday, December 6, 2025 - 50K | 20M | 10M Sunday, December 7, 2025 - 10M

RACE LOCATION/PARKING



Salt Fork State Park Lodge 11073 Natural Resources Rd 3 Kimbolton, OH 43749



BIB/SWAG PICKUP	START TIMES	CUTOFF TIMES
Salt Fork Lodge	SATURDAY	SATURDAY
4th Floor Summit	50K - 8:30 AM	5:00 PM
Room	20M - 8:30 AM	
	10M - 8:45 AM	SUNDAY
FRIDAY		2:00 PM
6:00-8:00 PM	SUNDAY	
SATURDAY	10M - 9:00 AM	
6:30-8:45 AM		
SUNDAY		
8:00-9:00 AM		

RACE DAY INFORMATION

Start Time

Saturday 10M participants must start at 8:45 AM. If a 50K/20M participant plans to do the first loop with a 10M participant, they must start at 8:45 AM.

Cutoff Time

The course cutoff is 5:00 PM Saturday and 2:00 PM Sunday. 50K/20M participants should plan to complete each loop in 2 hours 50 minutes. Anyone who continues past the aid station close times accepts the responsibility to know the course and complete it without any support.

How to Wear Your Bib

Please wear your bib in front, visible, and horizontal to assure we get a good chip read for you. Keep away from metal (zippers) and electronics (gps watches and smartphones).

Distance Change/Drops

Participants are welcome to change event distance prior to the start of the race. If a participant drops from the race, they are welcome to a finisher medal that corresponds to the distance completed. Participants who drop are responsible for their own transportation back to their car.

If a participant drops, their result will show through the last timing point completed. If at any time you decide not to continue, please notify a WRR staff member.

Drop Bags

50K/20M participants can have a drop bag that will be accessible at the completion of each loop. Mark your bag with your name and bib number and bring it to the start. Your car can also be used as a personal aid station.

Restrooms

Restrooms are located inside the Lodge on the 3rd floor and at the Shower House Aid Station.

ADDITIONAL INFORMATION

Breakfast

Grab-N-Go breakfast items will be available for purchase at the Lodge starting at 6:30 AM Saturday and 7:00 AM Sunday.

Showers

Saturday participants can shower at the campground. Stop at the camp office at the entrance of the main campground. The staff there will process your payment and provide instructions. Cost is \$4.

Spectators

Easy places for spectating at Bigfoot are the Shower House and the Lodge (Finish Line) – invite your friends and family.

Volunteers

Spectators are welcome to join us as volunteers and earn credits!

VOLUNTEER 2

Charity Partner Donations support the Guernsey County Sheriff's

Mounted Search and Rescue Unit.

RULES

No Pacers:

You cannot be accompanied on the course by anyone who is not a registered participant.

Aid: Participants cannot accept any aid from anyone

(crew, family, friend, Elvis impersonator, moving vehicle, bicycle) beyond 100 feet of an Aid Station. Absolutely no littering! You may not stash supplies along the course.

Off Course: If you go off course, you must backtrack/return to the correct path by your own means. You must start from the point where you went off course.

Bibs: Bibs must be worn by the participant who is registered and was assigned the bib.

COURSE INFORMATION

Course Map

Participants are encouraged to review the course map. The course is a 10.5 mile loop. All participants return to the lodge after each loop. 50K/20M participants must cross the finish line at the completion of each loop to get split times. Watch for slippery surfaces such as wooden steps and bridges.



Course Markings

All course marking materials are WRR branded. These include alternating pink & blue ground flags, coroplast signs, and streamers.

A course marker will be found about every 0.1 mile. At turns, there will be a sequence of 3-4 ground flags and/or streamers in the trees as confidence markers.

The RaceJoy app provides the ability to be sure you are on course as well as tracking capability.

AID STATIONS

MILE	LOCATION	TYPE	OFFERING
5.5	Shower House Close Time: Saturday 3:40pm Sunday 11:45am	Full Aid Station	*See below, plus Apple or Cherry Fruit Pies, Vegetarian Vegetable Soup
10.5	Lodge Close Time: 2:10pm	Full Aid Station	*See below, plus Stroopwafel
16	Shower House Close Time: Saturday 3:40pm Sunday 11:45am	Full Aid Station	*See below, plus Apple or Cherry Fruit Pies, Vegetarian Vegetable Soup
21	Lodge Close Time: 2:10pm	Full Aid Station	*See below, plus Stroopwafel
26.5	Shower House Close Time: Saturday 3:40pm Sunday 11:45am	Full Aid Station	*See below, plus Apple or Cherry Fruit Pies, Vegetarian Vegetable Soup
50K Finish	Lodge Finish Line	Full Aid Station	*See below, plus Uncrustables

*FULL AID STATIONS will serve the following Water, Tailwind, Coke, Ginger Ale, Pickle Juice

Whole White Potatoes (cold with salt), PB Crackers Cheezits, Corn Chips, Potato Chips Payday Candy Bars, Fruit Snacks, Fig Newtons **Participants are encouraged to carry water

EMERGENCY INFORMATION

9-1-1 For non-emergency, call us at (330) 234-9360

In case of emergency call







